

## MAP SET - BIKE

**Disclaimer and Cautions:** The Appalachian Mountain Club, as the advocate and promoter of the Bay Circuit Trail, expressly disclaims responsibility for injuries or damages that may arise from using the trail. We cannot guarantee the accuracy of maps or completeness of warnings about hazards that may exist. Portions of the trail are along roads or train tracks and involve crossing them. Users should pay attention to traffic and walk on the shoulder of roads facing traffic, not on the pavement, cross only at designated locations and use extreme care. Children and pets need to be closely monitored and under control.



### Hike Map 8 - Sudbury, Framingham, Marlborough, Southborough, Ashland, Sherborn - BAY CIRCUIT TRAIL route

(As shown on Hike Map 8 dated February 2024, text updated February 2024)

#### Know Before You Go:

All section guides provide written directions for the trail in a **North to South (Southbound)** direction unless otherwise noted.

There are two sets of BCT maps and guides. The Hike Map Set and The Bike Map Set. Each set shows the route for its specific use. Much of the bike route overlaps with the hike route, but the separate map sets clearly display each route independently. To see where the trail uses overlap or differ, compare the map sets OR refer to the BCT Interactive Map on the Bay Circuit Trail website (<https://www.baycircuit.org>) to see the routes, and other trail use allowances, simultaneously.

#### Note about Trail Marking

The BCT often follows pre-existing local trails; BCT specific blazing is a work in progress and may be sparse in segments. We encourage you to review and carry corresponding local maps on your BCT walk. [Trail Notices](#) regarding trail problems and closures are posted on the website at [www.baycircuit.org](http://www.baycircuit.org) under the Notices tab. Please review them for updates to the trail guide and maps.

#### Trail Markings:

*Sudbury, Framingham, Marlborough:*

Trail markings: White rectangular blazes. Double offset blazes indicate a turn in the direction of the upper blaze

*Map 8 section winds through six towns, sometimes crossing back and forth between towns.*

#### Sudbury proposed BCT:

A proposal for connecting Wayland to Sudbury uses an abandoned RR that parallels Rte. 20 and is part of the  
*Map 8 June 2017*

proposed Mass Central Rail Trail to eliminate most of the travel on Rte. 20 to reach Weisblatt Conservation Land.

#### Bike Notes:

The BCT can be traversed by bike but it is highly recommended that you research the segments you'll be biking for the level of difficulty/technical skill required. Much of the BCT is passable by road/gravel bike, but some off-road sections include boardwalks, steep hills, mud, and rocky terrain. These guides can provide you with brief descriptions of the trail and recommendations, but they should not be your only guide/resource. Check out the Trail Forks and All-Trails apps (open source, citizen resources), local guidebooks, and additional maps for detailed trail ratings/recommendations.

#### Terrain Labels:

**R = Road**

**OFR = Off Road**

**PRT = Paved Rail Trail**

**URT = Unpaved Rail Trail**

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#### Sudbury Temporary Trail:

**R.** From Wayland town line (see Map 7), continue on Pelham Island Rd for 0.7 mile to Point A.

#### At Jct. Pelham Island Road Landham Rd.

**A** N42 21.130 W71 24.140

0.0 **R.** Turn Left on Landham Road and turn right on Woodside Rd.

1.0 **R.** Turn Right on Eaton Rd.

1.2 **R.** Turn Left on Eisenhower Road

1.7 **R.** Eisenhower turns into Hemenway Rd. near Garden in the Woods.

2.4 **R.** Turn right on Water St.

2.7 **R.** Turn Left on Edgell Road.

**B**

3.1 **OFR.** Turn right onto the Aqueduct trail, which can be accessed through a small section of drive-way. Metal gates block motorized vehicles from the aqueduct, but bikes can be walked around.

3.5 **OFR.** Turn left briefly at Lyman Road, then a quick right down Janice Cir, an access road onto another

aqueduct trail. Cross Grove St. and Millwood St.  
Continue to Major Hale Drive.

## C

- 5.1 **R.** Turn right Major Hale Drive
- 5.3 **R.** Enter through a trail easement near the fire hydrant at the end of the cul-de-sac and enter the Southern property of Callahan State Park
- 6.1 **R.** Exit the Park on Briarwood Rd
- 6.5 **R.** Turn Left on Lanewood Ave. then turn right on Waveney Rd.

L N42 18.630 W71 29.224

- 6.9 **R.** Rejoin the BCT hike route and turn left on Pine Hill Rd.
- 7.3 **R.** Turn right on Pleasant Rd. which becomes Boston Rd. (Route 30)  
**\*CAUTION: Extremely dangerous roads- no shoulders, blind curves, and fast traffic.**

M N42 17.996 W71 29.602

- 7.8 **R.** Cross the intersection to continue straight on Willow Street
- 8.0 **R.** Turn right on Rt. 9  
**\*CAUTION: Heavily trafficked road**
- 8.3 **R.** Turn right on Oak Hill Road
- 9.0 **R.** Just before passing under I-90, meet up back with the main BCT just before point "N"

## Ashland

N N42 17.139 W71 29.908

- 9.3 **R.** Cross Mass Tpke Oak St overpass, turn left at blinker onto Oregon Rd. Continue 0.7 mile, passing restaurant on left and fields on right, bear right at rd fork, to **Ashland Town Forest**.

P N42 17.079 W71 28.984

- 10.2 **OFR.** Enter **Ashland Town Forest** on trail on right. Parking (P=3) on shoulder of Oregon Rd. Follow white blazes south on White Tr for 1.2 miles to sharp left turn; 0.4 mile to sharp right turn; 0.6 mile to Winter St parking lot.

R N42 16.227 W71 28.571

- 12.5 **OFR.** Town Forest Winter St parking lot (P=12). Go right (west) on Winter St.
- 12.7 **R/OFR.** Left on Brensnick Ln and follow to cul-de-sac. Take path along left edge of retention-basin fence line, descend hill, and enter woods to DPW yard. Entrance can be difficult to find in summer months.

- 13.0 **OFR/URT.** Enter DPW yard behind salt shed and stay to right of shed. Follow the pavement through the "S" turn on Ponderosa Road. Before the gate take a hard left onto the Riverwalk along Sudbury River. There are 4 new parking places (2 handicap) next to the Animal Control kennel at the Riverwalk.

- 13.2 **URT.** Left at the first fork. The path to the right continues .2 miles to a platform overlooking the Sudbury River and Mill Pond. It is handicap accessible.

*(Note: When going south to north, take a hard right onto the pavement, go left of the two buildings, then stay behind the left building (salt shed).)*

*(Note: To reach Ashland Commuter Rail Station, follow Ponderosa Rd west thru the gate to Cordaville Rd, left and cross bridge over river.. Parking lot is just past the High St intersection)*

Follow the **Riverwalk** downstream for 0.5 mile, crossing a large foot bridge into Mill Pond Park P=6.

- 13.7 **OFR/URT.** Cross Myrtle Street and enter woods between large rock and guardrail; continue downstream on the Riverwalk for 950 ft

S N42 15.611 W71 27.864

- 14.0 **R.** Straight onto Concord Court; right onto Concord Street; right onto Front Street to traffic light. (Parking across Front St at Montenegro Square. Restrooms across Main St at Police Station. Food in downtown area)
- 14.2 **R.** At traffic light go left (south) on Main St 100 yds **\*CAUTION: cross RR tracks at gated crossing** at traffic light cross and go left onto Homer Ave (using sidewalk on south side) for 0.4 mile to traffic light. Chinese restaurant and convenience nearby.
- 14.7 **R.** Cross Route 135 onto Chestnut St
- 14.9 **R/OFR.** Enter **Wildwood Cemetery** on left. In the cemetery stay left along Fountain Ave, part of which is closed to car traffic, to NE corner of cemetery. At NE corner, turn right on Ash Ave and go uphill. Left on service road along property line, continue straight on woods trail to chain-link fence, and follow pathway overlooking playing fields to woods trail ending at the cul-de-sac on Cadorette Rd *(Note: Going south to north, enter the woods at fire hydrant at the end of Cadorette Rd)*
- 15.7 **R.** Follow Cadorette Rd downhill to end.
- 15.8 **R.** Left onto Grover Rd 0.6 mile to stop sign.

16.2 **R/OFR.** Cross Cedar St onto Mulhall Dr, proceed 600 ft to cul-de-sac; continue straight ahead into woods, over foot bridge and emerging onto Wenzell Rd.; Continue along Wenzell to cross Williams Rd and into woods. Follow blazes to right, (or stay left to see Washakum Pond). Exit woods at the back of the parking lot at Market Basket Plaza (food and parking. Dunkin Donuts in Pond Plaza). Go straight out to main road.

U N42 15.351 W71 25.628

16.6 **R.** Go right (south) on Pond St (Rte. 126) using wide east shoulder for 0.7 mi, left on Tri St, left on Eliot St

18.0 **R.** Sherborn town line. Where the sidewalk ends, enter Sherborn and continue on Whitney St (name change). Cross CSX railroad bridge and uphill to power line *\*CAUTION: Narrow section of road with fast traffic.*

18.8 **OFR.** At power line crossing Whitney St turn left on trail that runs under the power line. Parking is available (P=10) on Curve St cul-de-sac (adjacent to, but not accessible from Whitney St, but from Western Ave). **R.** Follow Curve Street to Western Ave, left on trail offset from Western Ave roadway to Barber Reservation parking lot.

18.9 **OFR.** Enter Barber Reservation where trail bends right off power line and enters woods. Turn right at first field, through field to far right (SE) corner to re-enter woods, and right at T trail intersection to parking lot on Western Ave.

V N42 14.692 W71 24.421

19.0 **R.** From Barber Reservation entrance, cross Western Ave. Walk along Stevens St to jct; right on Harrington Ridge Rd; left on Oldfield Dr; left on Dexter Dr. Right after #20 Dexter Dr onto trail into woods to a farm (private property). Turn can be easy to miss. Follow the woods trail and right turn along edge of field.

*\*CAUTION: This field and trails are used by equestrians, approach slowly and do not disrupt for spook the horses!*

**OFR.** At field corner, turn left along edge, bear right about 200 ft before end of field into a White Pine Grove on equestrian trail, go over "Harley's Hollow" horse bridge, then thru gap in stone walls and enter Brush Hill Reservation on other side of stone wall. Head north thru woods, emerging next to but staying east of farm; continue uphill to Brush Hill Rd. Cross road to trail thru woods 0.4 mile to Perry St.

## Map 8 - Sudbury, Framingham, Marlborough, Southborough, Ashland, Sherborn - THE JEWELS

**Nobscot Boy Scout Reservation** (Knox Trail Council of Boy Scouts of America; 600 acres) - BCT traverses this hilly wooded property with permission of Council; access thru adjacent conservation land from Brimstone Ln and from Weisblatt land on US 20. Map online: [www.sudburyvalleytrustees.org/sites/default/files/Nobscot.pdf](http://www.sudburyvalleytrustees.org/sites/default/files/Nobscot.pdf)

*Sudbury: maps of Conservation Commission properties available at Cons.Com office, Sudbury Library, Fairbanks Senior Center, and town clerk's office. Also on website at:*  
<http://home.comcast.net/~sudbury.concom/conserva.htm>

**Nobscot Cons. land** (Cons.Com; 118 acres) - woodlands, meadows, historic sites, and abandoned apple orchard. Parcel on west side of Brimstone Lane includes Henry Ford's famous dam, called "Ford's Folly" for its failure to hold water. Side Tr crosses top of dam (between fences). South tr leads to Nobscot Hill summit. North tr leads to Tippling Rock, with great views along the way. Parking lot=10 on Brimstone Lane, 0.8 miles S of Rte 20

**Nobscot Hill Parcel** (Mass.DCR, supervised by Cochituate State Park; 124 acres) - South side of Nobscot Hill, highest point on BCT (602'). Fire tower may be open for visitors if manned.

**Weisblatt property** (Cons.Com; about 40 acres) - Purchased by town in 1998 to protect the viewscape from Tippling Rock. Access off US 20 at 641 Boston Post Rd, 1/4 mile w of Star Market (near Horse Pond Rd). Parking=several

**Lyons-Cutler Reservation** (Sudbury Valley Trustees; 72.2 acres) - Landlocked by wetlands, rich bird and wildlife habitat. Access by trails over adjacent land. From Wright Rd, park in cul-de-sac and follow trail north thru water dept land. Or park on Raymond Rd, skirt earthen mound blocking vehicular access, follow mown path across town land

### **Framingham and Marlborough:**

**Callahan State Park** (Massachusetts DCR; 800 acres) - Trails for hiking, skiing, horses, mountain bikes. Two parcels owned by Marlborough (20 acres) adjoin the state lands. Parking off Millwood St, Parmenter St., Broad Meadow Rd. Map online:

**Framingham:**

**Brimstone Estates** (Property Owners' Association) – trail thru woodlands on Nobscot Hill, side trail to view of Wachusett and Monadnock Mountains

**Gross Tract and Henry's Hill** (Sudbury Valley Trustees; 57 acres) - trails thru woodlands and meadows, with views toward south. P=2 off Wayside Inn Rd at either end of Henry's Hill tr. SVT map.

**Wittenborg Woods** (Cons.Com; about 84 acres) - purchased by town in 1999 from Dr. Harriet Wittenborg, this woodland preserves a link to Sudbury Cons. Com lands and Nobscot Hill. Map online; link from SVT website

**Welch Reservation, Stearns Farm, and Baiting Brook Woods** (SVT; 114 acres) - Abuts Callahan S.P. Fields, woodlands, roll-ing hills; former carriage roads. Parking=4 at corner of Edmands Rd and Nixon Rd, or park at Callahan lot and take linked trails

**Garden in the Woods** (New England Wild Flower Society; 45 acres) - Pleasant trails meander past rock gardens, lilypond, bog, meadows, woodland groves of wildflowers, ferns, shrubs, trees. A living museum devoted to the conservation of temperate No. American plants with over 1500 varieties. Open daily except Mon, mid April to late October. Fee. Also guided tours, courses, special events, annual plant sale, gift shop. 508-877-6574

**Marlborough/Southborough:**

**Sudbury Reservoir** (Mass. DCR) - important watershed area protects drinking water source, so trail users must abide by posted regulations. All water and ice uses are prohibited except for shore fishing anywhere except by the dam. Smoking, pets, picnicking, alcohol, fires, and motorized vehicles prohibited. A wide logging/service road follows eastern shore of reservoir thru woodlands for 2.1 miles.

**Southborough:** brochure with trail maps and info available from Southborough Open Land Foundation  
**Breakneck Hill Cons. Land** (Cons.Com; 80 acres, 1/3 used for grazing cattle) - network of trails, meadow, orchard. Good birding. Views north from meadow at summit of hill. Parking=10 at sw corner, on Breakneck Hill Rd

**Town Forest** (Cons. Com) and **Turenne Wildlife Habitat** (SVT) (18 acres) East of Breakneck Hill - walking & snow-shoeing along woodland trails marked by large boulders, ledge outcroppings, vernal pools. Oak Hill offers good views from open meadow at NE corner. Turenne Wildlife Habitat within the forest is a low maintenance, "tennis court sized" area with bird feeders and many plants (labeled) that attract birds and are colorful all year, such as winterberry, inkberry, bayberry. 78 species of bird sighted. Brochure available. Parking at end of Walnut Dr and for 3 cars on Bay Path (old dirt rd) at tr entrance

**Ashland:**

**Ashland Town Forest** (Cons.Com; 524 acres) and **Cowassock Woods** (Sudbury Valley Trustees; 51 acres) - Color-coded trails; BCT follows white rectangles. Marked trail access is between #886 and #890 Salem End Rd in Framingham (P=4) and from Oregon Road and Winter St in Ashland (P=4). Town Forest was previously a hunt club for riding clubs of the Salem End Rd section of Framingham.

"Cowassock" means "the place of pines"; this was the spring and summer campground of the Magunkook Indians, documented by anecdote, artifacts, and deeds transferring property to the first Colonists. Strong evidence of prehistoric habitation as well.

Colonial history: the families of the Towne Children (Rebecca Nurse, Sara Clayes, Mary Esty, & Edmund Towne) fled the Salem witch hunt and established the Salem End settlement of Framingham in 1693 (Salem End Rd follows original 17th century Indian trail). Legend has it that the now-collapsed caves south of the water tower were the first refuge for the families. Map: [www.sudburyvalleytrustees.org/sites/default/files/Cowassock.pdf](http://www.sudburyvalleytrustees.org/sites/default/files/Cowassock.pdf)

**Ashland State Park** (Mass.DCR; 470 acres) - pond for swimming, boating, fishing. Picnic tables and restrooms. X-country skiing and walking trail around reservoir. Access from Union St 508-435-4303. Map online: [www.mass.gov/eea/docs/dcr/parks/trails/ashland.pdf](http://www.mass.gov/eea/docs/dcr/parks/trails/ashland.pdf)

**Hopkinton State Park** (MassDCR; 1414 acres) - pond for swimming, canoeing, fishing. Picnic tables and restrooms. Trail network for hiking, x-country skiing, equestrians. Access from Cedar St, Hopkinton 508-435-4303 Map online www.mass.gov/dcr Click on "trails"

**Devil's Den** (town) - recent town land purchase protects this his-toric cave about 100 yds from BCT. Locals thought this was a hideout during witchcraft hysteria, a stop on the underground railroad, or Indian grain

storage. New research concludes it was a males-only hideout for men who wanted to play cards without wives finding out. Between E. Union St and Wildwood Cemetery

**Ashland Millpond** – Canoe launch dedicated 2006. cartop boat access site.

### **Sherborn:**

**Barber Reservation** (Cons.Com; 189 acres) - Variety of landscapes and habitats; open meadows and easy paths fun for children. Equestrians. Parking on Western Ave behind rail fence

**Brush Hill Trail** (Cons.Com) - Seldom used trails because parking on adjacent narrow streets is difficult. However the sense of wildness it offers should appeal to those who walk to it

### **Map 8 Sudbury, Framingham, Marlborough, Southborough, Ashland, Sherborn - FOR MORE INFORMATION**

Maps and trailguides:

- Relevant USGS **topo maps** are 7.5 x 15 Framingham, Marlborough, and Medfield
- **Callahan State Park** map available at DCR park headquarters, Rte 30 in Wayland east of Rte 90 overpass and [www.mass.gov/dcr/parks/trails.htm](http://www.mass.gov/dcr/parks/trails.htm)
- **Hopkinson State Park** map online [www.mass.gov/dcr/parks/trails.htm](http://www.mass.gov/dcr/parks/trails.htm)
- **Sudbury Valley Trustees** sell individual maps of many of their properties. *Out & About in the SuAsCo watershed* large scale map of protected open space includes canoe info. Order maps on website: [www.sudburyvalleytrustees.org](http://www.sudburyvalleytrustees.org) 978-443-5588
- *Concord, Sudbury, Assabet Rivers Canoe Guide* (2nd edition) by Ron McAdow, \$22 from SVT (see above)
- *Hiking the SuAsCo Watershed* (2004) by Jill Phelps Kern, available from SVT for \$16 (see above)
- **Sudbury Conservation Commission** has free maps of its properties with trails; cultural and natural history details on back. Available at Conservation Commission office, Sudbury library, Fairbanks Senior Center, and town clerk's office. Maps also on website [www.sudbury.ma.us/services/conservation/custom/conservation.asp](http://www.sudbury.ma.us/services/conservation/custom/conservation.asp)
- **Marlborough** open space map shows protected land but not trails. Cons.Com. is making some trail maps for various parcels. City hall, conservation office, 140

Main St. 508-460-3768

- **Southborough Open Land Foundation** offers a map showing trails thru several properties as well as on-road bicycling routes. Includes history and naturalist info. Free. Some maps on website: [www.solf.org/trails.html](http://www.solf.org/trails.html)
- **Ashland Town Forest** map and other properties: [www.ashlandopenspace.org/trails.html](http://www.ashlandopenspace.org/trails.html)
- **Ashland Open Space** map: [www.ashlandopenspace.org](http://www.ashlandopenspace.org)
- **Sherborn** maps online: [www.sherbornforestandtrail.org/](http://www.sherbornforestandtrail.org/)

### **Trail and land/water protection organizations:**

**Massachusetts Dept. of Conservation and Recreation** - Manages Callahan State Park. Headquarters at Cochituate State Park in Wayland, off Rte 30 just east of Rte 90 overpass. 508-653-9641. Also manages Hopkinton and Ashland State Parks from headquarters in Hopkinton 508-435-4303. Many forest & park maps online [www.mass.gov/dcr/parks/trails.htm](http://www.mass.gov/dcr/parks/trails.htm)

**Ashland Open Space Committee** is working to secure permanent Bay Circuit route. Appointed committee. Excellent website [www.ashlandopenspace.org](http://www.ashlandopenspace.org)

**Framingham Conservation Commission** 508-628-1302

**Sherborn Rural Land Foundation**, established in 1974, has acquired land and buildings of particular aesthetic, environmental, and historical significance [www.sherbornruralland.org/](http://www.sherbornruralland.org/)

**Sherborn Forest and Trail Association** - Equestrians and hikers provide volunteer trail maintenance. New members welcome. PO Box 477, Sherborn MA 01770 Maps online: [www.sherbornforestandtrail.org/](http://www.sherbornforestandtrail.org/)

**Sherborn Open Space and Recreation Plan Implementation Committee** - town appointed group that oversees Sherborn's section of BCT and other projects. Town Hall: 508-651-7850

**Southborough Open Land Foundation** - citizens' group seeking to promote the wise use of land in town by acquiring property, preserving sensitive lands and creating wildlife habitats, educating the public about wise land use. New members welcome: PO Box 345 Southborough 01772. [www.solf.org](http://www.solf.org)

**Sudbury Conservation Commission**, town office bldg in old center. 978-443-8891x371

**Sudbury Valley Trustees** has been protecting the

natural resources of the Sudbury, Assabet, and Concord River Valleys since 1953. Bicycles are prohibited on SVT land. They publish trail maps of many of their properties (some for sale on their website). Member info online. Members receive newsletters, maps, outings and events listings. 18 Wohlbach Rd Sudbury 01776. 978-443-5588 [www.sudburyvalleytrustees.org](http://www.sudburyvalleytrustees.org)

**New England Wild Flower Society** owns and manages Garden in the Woods, Framingham. Society promotes the conservation of temperate North American plants thru horticulture, education, research, habitat preservation, and advocacy. 508-877-7630

**Knox Trail Council of Boy Scouts of America** have been good stewards of 600 acre camp near Nobscot Hill since 1928. They allow the public to use BCT route thru camp. 508-872-6551

**Mass. Dept of Conservation and Recreation** manages Sudbury Reservoir. This water source must be protected; public use of trails contingent on users obeying posted regulations

**SuAsCo Watershed Community Council** - collaboration of businesses, towns, environmental groups, and state, federal and regional govt in the Sudbury-Assabet-Concord River Watershed. Seek to protect natural resources, restore water quality and flow, coordinate land use and water resource planning, encourage stewardship, and channel financial and technical assistance. Task forces welcome volunteers. Suite 200, 118 Great Rd, Stow 01775  
[www.SuAsCo.org](http://www.SuAsCo.org)

Members of the Boston and Worcester chapters of the **Appalachian Mountain Club** lead guided walks in this area frequently, open to the public. Search activities at: <https://activities.outdoors.org/search/>

**Charles River Wheelmen** - very active group of bicyclists that lead rides of varying lengths throughout Bay Circuit area. Excellent website: rides, other info, membership. [www.crw.org](http://www.crw.org)

**BAY CIRCUIT ALLIANCE, INC**  
**E-Mail: [info@baycircuit.org](mailto:info@baycircuit.org)**  
**Website: [www.baycircuit.org](http://www.baycircuit.org)**