

MAP SET - BIKE

Disclaimer and Cautions: The Appalachian Mountain Club, as the advocate and promoter of the Bay Circuit Trail, expressly disclaims responsibility for injuries or damages that may arise from using the trail. We cannot guarantee the accuracy of maps or completeness of warnings about hazards that may exist. Portions of the trail are along roads or train tracks and involve crossing them. Users should pay attention to traffic and walk on the shoulder of roads facing traffic, not on the pavement, cross only at designated locations and use extreme care. Children and pets need to be closely monitored and under control.



Bike Map 7 - Concord, Lincoln, Weston, Wayland - BAY CIRCUIT TRAIL route

As shown on Bike Map 7 updated February 2024, text updated February 2024

Know Before You Go:

All section guides provide written directions for the trail in a **North to South (Southbound)** direction unless otherwise noted.

There are two sets of BCT maps and guides. The Hike Map Set and The Bike Map Set. Each set shows the route for its specific use. Much of the bike route overlaps with the hike route, but the separate map sets clearly display each route independently. To see where the trail uses overlap or differ, compare the map sets OR refer to the BCT Interactive Map on the Bay Circuit Trail website (<https://www.baycircuit.org>) to see the routes, and other trail use allowances, simultaneously.

Note about Trail Marking

The BCT often follows pre-existing local trails; BCT specific blazing is a work in progress and may be sparse in segments. We encourage you to review and carry corresponding local maps on your BCT walk. [Trail Notices](#) regarding trail problems and closures are posted on the website at www.baycircuit.org under the Notices tab. Please review them for updates to the trail guide and maps.

Trail Marking:

Trail is marked with square BCT Bike Route blazes.

Bicyclists should note that Walden Pond, some Lincoln properties, and all Wayland-owned conservation lands prohibit bicycles, therefore this alternate road bike route has been created to bypass the prohibited land.

Bike Notes:

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The BCT can be traversed by bike but it is highly recommended that you research the segments you'll be biking for the level of difficulty/technical skill required. Much of the BCT is passable by road/gravel bike, but some off-road sections include boardwalks, steep hills, mud, and rocky terrain. These guides can provide you with brief descriptions of the trail and recommendations, but they should not be your only guide/resource. Check out the Trail Forks and All-Trails apps (open source, citizen resources), local guidebooks, and additional maps for detailed trail ratings/recommendations.

Terrain Labels:

R = Road

OFR = Off Road

PRT = Paved Rail Trail

URT = Unpaved Rail Trail

A. N42 26.670 W71 20.421

0.0 **R.** Ride Rt. 126 south.

C N42 25.332 W71 20.270

1.8 **R.** Continue south on Rte. 126 past the BCT Hike Route intersection for 0.2 miles

2.0 **R.** Turn Left Codman Rd.

2.6 **R.** Rejoin the BCT Hike Route briefly; turn right on Lincoln Rd.

J.

3.1 **R.** The Hike Route heads left, continue south on Lincoln Road to follow the Bike Route.

3.7 **R.** Cross Waltham Rd. and continue on Lincoln Rd.

M.

4.7 **R.** Turn Left on Hazelbrook Ln

5.1 **R.** Continue Straight on Draper Rd.

6.4 **R.** Turn Left on Plain Rd.

P.

6.7 **PRT.** Rejoin the BCT Hike Route. Turn right on Mass Central Rail Trail

R. N42 21.868 W71 21.667

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7.8 **R.** Leave the MCRT and turn left onto Rte. 27. Then at the intersection turn right onto Boston Post Rd. Turn left onto Pelham Island Rd.

S N42 21.275 W71 22.454

9.0 **R.** Bikes are not allowed on the Heard Farm segment. Continue on Pelham Island Road.

T.

Bike Map 7 - Concord, Lincoln, Sudbury, Wayland, Weston - THE JEWELS – MOST ARE NOT BIKE FRIENDLY

Great Meadows National Wildlife Refuge - Sudbury Unit (US Fish & Wildlife Service; 3,486 acres both units) - wetlands, uplands, bottomland hardwoods along 12 miles of Sudbury River. Established in 1944 primarily as a sanctuary for migratory and wetland birds. Highest public use of all refuges in the wildlife complex. Dogs must be leashed. No horses. Maps of both this unit and the northern (Concord) unit are available at HQ/visitor center, Weir Hill Rd, Sudbury. 978-443-4661 and online: <https://www.fws.gov/refuge/great-meadows>

Concord and Lincoln:

Walden Pond State Reservation (MA DCR; 411 acres) - Trails around the historic pond, beach, fishing, replica of Thoreau's cabin. Bicycles and dogs prohibited. Parking lot (fee in summer); access from Rte. 126, south of Rte. 2 jct. 978-369-3254. Free map at headquarters and online at: www.mass.gov/eea/docs/dcr/parks/trails/walden.pdf

Adams Woods (Lincoln Cons.Com; 87 acres, and Concord Land Conservation Trust) - Trails link Walden Pond State Res. and Mt. Misery. Interesting glacially formed terrain includes a kame terrace and a string of kettlehole bogs. Thoreau described and named the bogs the Andromeda Ponds in 1855. Parking at Walden Pond (fee in summer), Rte. 117 Mt. Misery lot, and limited parking at trail entrance on Old Concord Rd in Lincoln and at Concord Land Conservation Trust entrance off Fairhaven Rd in Concord

Concord:

Hapgood-Wright town forest (Concord Commission on Natural Resources) - Includes

Fairyland Pond with trails around pond and thru woodlands. Parking. Maps online at: <https://concordma.gov/DocumentCenter/View/29013/Town-Forest-Trail-Guide?bidId=>

Lincoln: *detailed maps and trail descriptions as well as historic and naturalist information on these properties can be found in A Guide to Conservation Land in Lincoln trail guide. Bicycles are allowed on some but not all trails. Obey signs*

DeCordova and Dana Museum and Park (30 acres) - Extensive sculpture garden on beautiful grounds surrounding the museum. Museum closed Mondays. Summer concerts in the amphitheater. Numerous art programs. Gift shop. No fee to enjoy the grounds. Entrance on Sandy Pond Rd. 781-259-8355

Flint's Pond conservation areas (Cons.Com. and Lincoln Land Conservation Trust; about 370 acres among 10 parcels) - extensive varied woodlands and wetlands surrounding Flint Pond (town water supply; swimming, boating, and dogs not allowed in pond). Thoreau's first choice for his cabin; denied permission, he settled at Walden Pond. Access from DeCordova Museum lower parking lot. Additional parking at pull-offs along Sandy Pond Rd and behind Brooks School gym

Pine Hill (Cons.Com; 72 acres) - woodlands east of Walden Pond Res. with views from the Concord reservoir at its summit. Trails also connect with Flint Pond areas and with Baker Bridge north fields. Parking at Walden Pond (fee in summer) and at pull-offs along Sandy Pond Rd. Map online: <https://www.lincolnconservation.org/explore-our-properties/trails/>

Mt. Misery (Cons.Com; 227 acres) - agricultural fields, woods, hills, and ponds. Wide well-maintained woods roads offer good walking, x-country skiing, and equestrian opportunities. No swimming in ponds or in adjacent Sudbury River. Canoe launch site parking on Rte. 117, but long portage from parking to launch. Main parking lot on Rte. 117. Parking also on Rte. 126 at jct Codman Rd.

Maps online at:

http://www.lincolnconservation.org/files/Map5_MtMisFarrar.pdf

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Farrar Pond - creative zoning decisions allowed preservation of the pond's south shore and a public walking trail with beautiful pond views (no horses or bikes allowed along this fragile shoreline). Trail links to Dean Land (14 acres) on east side of Rte. 126. Use canoe launch site parking lot on Rte. 117 or small lot on Kettlehole Dr south of pond.

Maps online at:

http://www.lincolnconservation.org/files/Map5_MtMisFarrar.pdf

Codman House "The Grange" and surrounding conservation land (Historic New England and Cons.Com; 165 acres) - Historic house and gardens in a park-like setting. Codman Rd, off Rte. 117 or off Rte. 126. Open June-Oct. Fee. Adjacent conservation land has good trail network. Parking for trail use at Lincoln Schools lots, in commuter rail lots, behind St. Anne's church on Rte. 126 (except Sundays), and on shoulder of Codman Rd 781-259-8843 www.historicnewengland.org

Drumlin Farm Wildlife Sanctuary (Mass Audubon; 206 acres) - Working farm with educational programs and exhibits for children and adults. Short woodland trails as well as farm road suitable for strollers and wheelchairs. Farm stand in season. Horses, dogs, bicycles prohibited. Closed Mondays except holidays. Fee for non-members. Entrance on Rte. 117. 781-259-2000 www.massaudubon.org/drumlin

Beaver Pond, Twin Pond, and Browning Fields (Lincoln Land Conservation Trust and Cons. Com; about 72 acres) - this group of woodlands and fields has an extensive trail network, thanks to the generosity of private landowners in the area. Parking at riding ring at north end of Browning Field North on Weston Rd, along shoulder of Weston Rd (but not on gravel rd off Weston), and at the ice cream stand on Rte. 117 at Weston/Lincoln line. Trails also link to LLCT and Cons.Com. land on east side of Weston Rd and Silver Hill Rd

Sudbury: *individual maps with historic and naturalist information available for Cons.Com land. Some SVT properties also have individual maps available.*

Pantry Brook Wildlife Management Area (MA Fisheries and Wildlife; over 400 acres) - Hunting allowed here (no hunting on Sundays). Hikers

should use caution. Rough trails.

Round Hill (Sudbury Valley Trustees; 29 acres) and **Lincoln Meadows** (Cons.Com; 78 acres) - Only 100 ft above surrounding terrain but views from Round Hill reach miles across river, meadows, and rolling hills. Excellent birding. Parking at Lincoln Meadows on Lincoln Rd or at Great Meadows HQ on Weir Hill Rd

King Philip Woods (Cons.Com; 81 acres) - trails to viewpoint over Sudbury River marshes and to historic cellar holes. In 1999 beavers were making some trails inaccessible. Map near parking area, Rte. 27

Davis Farm Cons. land (Cons.Com; 61 acres) - trails thru wood-lands. Link to Barton Farm Cons. land. Dirt parking lot off Rte. 117. Adjacent to playing fields (42 acres) and large parking lot off Rte. 117

Frost Farm (Cons.Com, town, private land) - loop trails and connection to White Pond and future rail-trail. Fields and wetlands. Parking at end of access rd off Rte. 117 (nearly across from Davis playing fields)

Gray Reservation (SVT; 52 acres) - old woods rd, foot paths, and paved walkways offer a variety of walking routes on the 35 acres south of Hudson Rd. Includes a link to Haynes Meadow. SVT trail map. Parking near jct Old Lancaster Rd and Hudson Rd (west of this map)

Haynes Meadow (Cons.Com; 37 acres) - marshes, swamps, Hop Brook, and eskers. Trail links to Gray Reservation (SVT map) to northeast and to Curtis Middle School on west. Respect privacy of house on east side near parking area. Limited parking at lot off trail driveway (off Peakham Rd) and at end of Blueberry Hill Lane (west of this map)

Wayland: *please note Wayland Conservation Commission rules:*

Bicycle use on Cons.Com lands requires a special permit. These activities are prohibited: littering, disturbing vegetation or wildlife, swimming, fires, smoking, alcohol, fireworks, guns or other weapons, hunting, trapping, motorized vehicles. Between dawn and dusk trail users may hike, walk pets (under voice or leash control), picnic,

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snowshoe, ski, and ice skate. Trail markers identify permitted uses: Triangular = footpaths (no horses). Five-sided markers = horse and pedestrian trails. Circular overlay = trails thru private land or sensitive habitat--stay on trail. Individual maps with historic and naturalist information on these properties available online: www.wayland.ma.us/Pages/WaylandMA_Conservation/areas2 Sudbury Valley Trustees offers maps of some of its properties online: <https://www.svtweb.org/>

Upper Mill Brook (Cons. Com and SVT; 115 acres) - 3 miles of loop trails thru diverse habitats, brook, ponds, glacial formations. Beaver activity. Horses allowed on marked trails. P at Peace Lutheran Church (except Sunday a.m.) on Rte. 126. Map at SVT website: <https://www.svtweb.org/>

Trout Brook (SVT, Cons.Com, water dept) - Color-coded trails include section of BCT. Parking at Castle Hill; access from Sherman's Bridge Rd

Castle Hill Cons. Area (SVT, Cons.Com, water dept, school dept; 45 acres) - trails thru woodlands and along an esker. Links Trout Brook cons. area and Sedge Meadow. No horses. Beaver activity may close these trails periodically. Parking on Alpine Rd at ballfield

Sedge Meadow (Cons.Com and SVT; 93 acres) - active and fallow farm fields and woodlands. Good wildlife viewing. Horses allowed on marked trails. Parking off Glezen Lane

Black Cat Farm/Sedge Meadow Access (SVT; .9 acre) - Access on north side of Glezen Lane, 0.4 miles from Rte. 27

Cow Common (Cons.Com; 65 acres) - Several loop trails thru hay fields, woodlands, community gardens. Good birdwatching. No horses. Parking off Rte. 27

Heard Farm (Cons.Com; 85 acres) - 2.5 miles of trails thru active hay fields and woodlands. Parking at end of Heard Rd

Greenways Cons. Area (Cons.Com and SVT; 98 acres) - part of the former Paine estate. Diverse habitats include field and a wooded knoll with views of Sudbury River. Informal canoe landing

slated for improvement. No horses. Temporary parking at St. Ann's Church across Rtes 126 and 27, s of Rte. 20. Planned parking at cul-de-sac in development under construction. Cons.Com map and SVT map

Mainstone Cons. Area (Cons.Com, Water Dept, and SVT) - patchwork of several parcels, varied terrain. Parking on Rice Rd north of reservoir. Parking also at Church of the Holy Spirit, except Sun a.m. No on-street parking at trailheads

Weston: *Trails map (about \$10) available at Town Hall. Mountain biking is discouraged on Weston trails.*

Cat Rock Park - trails with view. Parking at end of Drabington Way near ballfield

Town conservation land, woodlands and wetlands, northwest corner of Weston. Extensive trail network thru numerous properties, some numbered jcts. Trails connect to Cherry Brook area and Weston College area

Weston Reservoir - walking trails around the reservoir as well as connection via aqueduct to Doublet Hill and Elliston Woods. Access from Wellesley St and Ash St

Regis College and Sunset Corner - numbered trail jcts; many loop trails possible. Access from Regis College (off Wellesley St), South Ave, Highland St, Audubon St

Map 7 - Concord, Lincoln, Sudbury, Wayland, Weston - FOR MORE INFORMATION

Public transportation: train service from Boston to Lincoln

Maps and trail guides:

- Relevant USGS **topo maps** 7.5 x 15 Maynard & Framingham
- Maps of Great Meadows National Wildlife Refuge, both the Sudbury unit and the Concord unit, are available free at HQ/visitor center, Weir Hill Rd, Sudbury 978-443-4661 and online: <https://www.fws.gov/refuge/great-meadows>

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- Wayland Conservation Commission has detailed maps of individual conservation areas, with cultural and natural history info online: <https://www.wayland.ma.us/conservation/pages/conservation-lands-trails>
- Sudbury Conservation Commission detailed maps of individual conservation areas, with cultural and natural history info online: www.sudbury.ma.us/services/conservation/custom/conservation.asp
- Large colored open space map of Lincoln with trails in detail, available for small fee at Cons. Com. office in town hall
- Walden Pond State Reservation trail map available free at park headquarters on Rte. 126 and online <https://www.mass.gov/doc/walden-pond-state-reservation-trail-map/download>
- Mass. Dept. of Conservation and Recreation website includes information and map of Walden Pond trails as well as numerous other state parks. Includes events such as guided hikes. www.mass.gov/dcr Click on "Trails"
- Large colored open space map of Weston prepared by the Weston Forest and Trail Assn in 1993. Ask in Weston Town Hall conservation office. About \$10. Shows trails.
- Weston Forest and Trails maps available at town hall, about \$10.
- Drumlin Farm map online: www.massaudubon.org
- Sudbury Valley Trustees publish individual maps of many of their properties and large-scale map of open space. Order maps and books on website: <https://www.svtweb.org/>
- Concord conservation maps: <https://www.concordma.gov/734/Trail-Maps-Guides>

Trail and land/water protection organizations:
Mass. Dept of Conservation and Recreation manages Walden Pond State Reservation. Park headquarters on Rte. 126, south of Rte. 2 jct across street from pond 978-369-3254

<https://www.mass.gov/doc/walden-pond-state-reservation-trail-map/download>

Concord Commission on Natural Resources 141 Keyes Rd, Concord 01742, 978-318-3285
<https://www.concordma.gov/734/Trail-Maps-Guides>

Concord Trails Committee maps online: <https://concordma.gov/749/Trails-Committee>

Concord Land Conservation Trust is a member-supported non-profit group that protects open space in Concord, 65 properties and over 1000 acres. POBox 141 Concord 01742. Property descriptions online: www.concordland.org/

Lincoln Land Conservation Trust protects 375 acres of open space and 60 miles of trails in Lincoln. Volunteers offer educational programs in schools and maintain all town trails. Non-profit group accepts contributions. 781-259-0199
<https://lincolnconservation.org/>

Rural Land Foundation in Lincoln serves as a clearinghouse for acquisition and protection of land slated for development. It seeks to optimize land preservation and develop remaining land sensitively, turning over open space to Lincoln Land Conservation Trust.
<https://lincolnconservation.org/>

Lincoln Conservation Commission protects more than 1800 acres of land, wetlands and rivers in town
<https://www.lincolntown.org/126/Conservation-Commission>

Wayland Conservation Commission has acquired over 2000 acres, offers many free programs, including guided hikes and bird walks in spring and fall. Pick up list of seasonal programs at Cons.Com office near jct. Rte. 126/27 and 20. 508-358-3669

Sudbury Conservation Commission office is in town office bldg in old center. 978-443-8891 x371. Maps on website
www.sudbury.ma.us/services/conservation/custom/conservation.asp

Sudbury Valley Trustees has been protecting the natural resources of the Sudbury, Assabet, and Concord River Valleys since 1953. Bicycles are prohibited on SVT land. They publish trail maps of many of their properties (for sale on their website). Members receive newsletters, maps, outings, and

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events listings. Membership starts at \$40. 18 Wolbach Rd Sudbury 01776. 978-443-5588
<https://www.svtweb.org/>

Weston Forest and Trail Assn was founded in 1955 to foster protection of open space and development of a trail system in Weston. Currently owns over 100 acres in 32 parcels and maintains 65 miles of trails on its land as well as town land. Maps online. Guided walks. Details and membership info on website
www.westonforesttrail.org/

Weston Conservation Commission, town hall
781-893-7320 x322
<https://www.weston.org/447/Conservation-Commission>

Massachusetts Audubon, the largest conservation organization in New England, works to preserve the natural world through conservation, education, and environmental advocacy. It protects over 34,000 acres of land in Massachusetts and maintains wildlife sanctuaries in 90 communities that are open to the public. Members receive a beautiful bi-monthly magazine and reduced fees for programs. Frequent programs for individuals and families at Drumlin Farm on Rte. 117 in Lincoln, as well as at other sanctuaries. To become a member call 1-800-AUDUBON or visit the web site: www.massaudubon.org Maps online.

Historic New England (formerly The Society for the Preservation of New England Antiquities) preserves many historic places in New England, including the Codman House in Lincoln. 781-259-8843 www.historicnewengland.org

US Fish and Wildlife Service, administers Great Meadows National Wildlife Refuge. Public welcome at regional headquarters off Weir Hill Rd, Sudbury 978-443-4661
<https://www.fws.gov/refuge/great-meadows>

MA Dept of Fish and Game, Acton region, administers Pantry Brook State Wildlife Management Area. 978-263-4347
<https://www.mass.gov/orgs/department-of-fish-and-game>

SuAsCo Watershed Community Council - collaboration of businesses, towns, environmental organizations, and state, federal and regional government to manage environmental issues in the

Sudbury-Assabet-Concord River Watershed. They seek to protect natural resources, restore water quality and flow, coordinate land use and water resource planning across community boundaries, encourage stewardship of the recreational and historic character of the watershed, promote education on watershed issues, and channel financial and technical assistance to solve problems. Task forces welcome volunteers. Office at Suite 200, 118 Great Rd, Stow 01775
<https://www.sudbury-assabet-concord.org/>

Members of the Boston chapter of the **Appalachian Mountain Club** lead guided walks in this area frequently, open to the public. Search activities at:
<http://www.outdoors.org/recreation/activities/massachusetts.cfm>

Charles River Wheelmen - very active group of bicyclists that lead rides of varying lengths throughout BC area. Excellent website lists rides, membership & other info. at www.crw.org

BAY CIRCUIT TRAIL & GREENWAY
E-Mail: info@baycircuit.org
Website: www.baycircuit.org